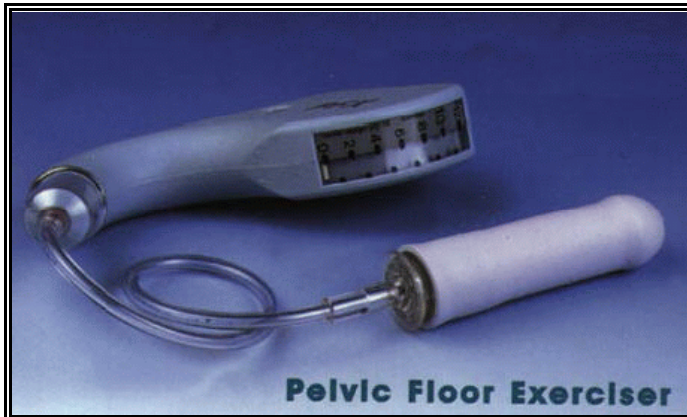


## PFX-II Pelvic Floor Exerciser



- < Bladder Control
- < Urinary or Faecal Leakage
- < Pelvic Muscle Weakness

### Pelvic Floor Fitness - Sooner

With your own personal *PFX-II* you can quickly learn to do pelvic floor exercises (Kegel's) correctly. By exercising with the *PFX*, you will know that you are exercising correctly and effectively. It is an important confidence builder as muscle strength gradually increases daily, and bladder control is restored.

Now the popular *PFX* Pelvic Floor Exerciser is better than ever. The new model *PFX-II* includes a zero-adjusting control for measuring resting muscle tone. Both resting and active strength are important for bladder control.

#### FEATURES

- < Washable latex-free rubber sensor
- < Large easy-to-see indicating dial
- < Sensitive pressure sensor
- < Responds to even small changes in muscle force
- < Both vaginal and anal versions available
- < Zeroing adjustment
- < Flexible plastic pressure tube
- < Conforms to a wide range of muscle fitness levels
- < Convenient plastic carrying case
- < Self-teaching instructions

#### ORDERING INFORMATION

<b>9120V</b>	PFX-II-V Pelvic Floor Exerciser Kit, with vaginal sensor, all complete
<b>9120A</b>	PFX-II-A Pelvic Floor Exerciser Kit, with anal sensor, all complete
<b>2005</b>	Vaginal sensor
<b>2005-6</b>	Vaginal sensor, box of 6
<b>3010</b>	Anal sensor
<b>2021</b>	Connecting tube for vaginal sensor
<b>3020</b>	Connecting tube for anal sensor

The self teaching instruction booklet includes all of the information needed for you to use the *PFX* effectively. The *PFX* is compatible with other pelvic therapy methods including EMG biofeedback, muscle stimulation and weighted cones which you can use depending on your starting point and personal situation.

The *PFX* is a modern version of the original pressure perineometer which was developed by Dr. Arnold Kegel. All of Dr. Kegel's patients in his continence clinic used the perineometer to help them to effectively exercise and strengthen their pelvic muscles.

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